

## Press Release

International Day of Yoga 2022 Celebrated at Phugewadi Metro Station



Date: 21st June 2022

On the occasion of the 8<sup>th</sup> International day of yoga, Pune metro, the National Institute of Naturopathy (NIN), the Ministry of Small and Medium Enterprises (MSME), and the team Central Bureau of Communication Maharashtra & Goa organized a mass Yoga demonstration at Phugewadi Metro Station in the august presence of Hon'ble Union Minister of MSME Shri. Narayan Rane. This year's theme for International Yoga Day is, 'Yoga for Humanity'.

Dr. Brijesh Dixit, Managing Director, Maha Metro, Dr. K. Satya Lakshmi, Director, National Institute of Naturopathy (NIN), and Shri P. M. Parlewar, Director, MSME, Maharashtra were also present for the event.

The event began at 6 am in the morning with the Inauguration of an exhibition by the hands of Shri. Narayan Rane. The exhibition was organized by the Ministry of Information and Broadcasting, followed by a launch and live performance of Yoga Songs by the team Central Bureau of Communication Maharashtra & Goa.



Hon'ble PM addressed the Nation from Mysuru, Karnataka followed by the Yoga Session with the nation. Over 500 people participated in the International Yoga Day celebration at the Phugewadi Metro station. Yoga performances were supervised by 25 professional Trained Yoga instructors from NIN. The Yoga sets were performed on the Concourse and Platform level of the Phugewadi metro station. Ministry of Ayush, Govt. of India identified 75 Iconic Locations across India to perform live yoga sessions. On the occasion of the 8<sup>th</sup> International Yoga 2022, Pune Metro's Phugewadi Metro station is the only station chosen for this rare occasion. It was a unique place to have such a unique program. A large number of Pune-Pimpri Chinchwad citizen's participated in the Yoga session.

After the Yoga session, Hon'ble Shri Narayan Rane visited the Pune Metro's Phugewadi office and took an overview of the progress of Pune Metro.



On this occasion, Shri Narayan Rane said, "Pune Metro is providing the best transport facilities to the citizens of Pune. The planning of the Pune metro project is excellent. Pune metro has identified various non-fare revenue avenues apart from the fare revenue, this will make the project economically viable and will provide the best service to the citizens of Pune."